



Fitness Challenge Registration Form

Name: _____
 Address: _____
 City: _____
 State: _____ Zip _____
 Phone: _____
 E-mail Address: _____
 Trihydro Contact*: _____

Program

___ Ultra (4000 miles) ___ Tough (2000 miles)
 ___ Off-the-Couch (1000 miles) ___ Senior (____ miles)

Personal Fitness Goal

T-shirt Size

(Supplies limited **)

___ Small
 ___ Medium
 ___ Large
 ___ X-Large
 ___ XX-Large
 No T-Shirt, Thanks!

Please select no more than two of the following charities:

___ American Cancer Society
 ___ Habitat for Humanity
 ___ SAFE House
 ___ Susan G. Komen/Race for the Cure
 ___ Interfaith/Good Samaritan
 ___ ARK Regional Services

Send this registration form and a \$30 check made payable to:

Trihydro Fitness Challenge
 1252 Commerce Drive
 Laramie, WY 82070

___ Registration (\$30)

___ ***Optional shipping charge for T-shirt(\$3)

Total _____

*If you are not a Trihydro employee, you may provide the name of a Trihydro employee who will deliver your shirt/jacket to you. If you do not have Trihydro contact, you may specify "None" or leave this empty.

**In order to reduce overstock and maximize our charitable contributions, T-shirt supplies are limited to stock on-hand. When supplies run out, we will not re-order, so sign up early for your best chance of getting a shirt.

***Trihydro employees, or those who have made arrangements with a Trihydro contact to pick up a T-shirt, are exempt from the shipping charges.