



FOR IMMEDIATE RELEASE

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WINNER NAMED IN PSYCHOLOGICALLY HEALTHY WORKPLACE AWARD

LARAMIE, WY, October 13, 2004...Trihydro Corporation (Trihydro) has been awarded the Psychologically Healthy Workplace Award by the Wyoming Psychological Association. The award program was created to recognize businesses and organizations that have demonstrated a commitment to the psychological health and well-being of their employees.

“In this time of high job stress and increasing demands on employees, Trihydro has made it a priority to create a work environment that is sensitive to the mental well-being of its employees,” said Eric Siiteri. “By rewarding Trihydro for its efforts, we hope others will take notice and implement similar programs in their workplaces.”

Each year, the Wyoming Psychological Association accepts nominations for psychologically healthy businesses that have incorporated innovative programs and policies into their businesses and that stand out as a psychologically healthy workplace. The applicants were judged on the following criteria:

- The level of employee involvement with regard to the companies decision-making, feedback, tasks, problem-solving and the work environment;
- Family support options, including opportunities for child care and elder care assistance, flexible work arrangements, options for leave beyond the Family and Medical Leave Act, and family problem resolution;
- Employee growth and development opportunities, and efforts to develop supportive supervisors who are responsive to work and family needs, diversity, and performance appraisals; and
- Provision of a work environment that is physically safe, and promotion of employees’ physical health and wellness.

Trihydro is a professional engineering and environmental consulting firm based in Laramie, Wyoming, with more than 140 employees. Trihydro is being honored with this Award because of its commitment to maintain an informal employee-orientated work environment, even while undergoing significant growth in the past year. Trihydro was ranked 18th in the 2004 ZweigWhite “Hot Firm” ranking of the 100 fastest growing Architecture, Engineering, Planning (A/E/P) and Environmental Consulting Firms in the United States. “With respect to our company health and safety culture, it is Trihydro’s vision and commitment to become an industry leader. This is accomplished through reinforcement and behavior-based innovative programs. Trihydro’s commitment is reflected within its organization structure and supported by senior management”, says Deby Forry, Esq., Vice President of Risk Management and CFO.

According to a 2004 poll conducted by the American Psychological Association, two-thirds of both men and women say work has a significant impact on their stress level, and one in four has called in sick or taken a “mental health day” as a result of work stress. In addition, the Journal of Occupational and Environmental Psychology has reported that health care expenditures are nearly 50% greater for workers who report high levels of stress. Trihydro takes a proactive approach to stress management by



providing incentives and options for release, as well as education and training programs to learn to identify and cope with stress.

The Award will be presented on Friday, November, 12, 2004 at 12:00 pm at Trihydro's corporate office at 1252 Commerce Drive in Laramie.

For more information about the psychologically Healthy Workplace Award, which is supported by the American Psychological Association, contact Eric Siiteri, Wyoming Psychological Association, at 888-796-9217 or csiiteri@comcast.net.

About Trihydro

Trihydro is a mid-sized, expert engineering and environmental consulting firm based in Laramie, Wyoming with 11 offices throughout the United States. More than 140 employees are committed to providing professional, technical and contracting services with the company philosophy and approach to be an extension of their client's staff. With more than 20 years of experience, including but not limited to: hydrogeology, engineering, chemistry, regulatory compliance, toxicology, project and information management, Trihydro offers solutions that satisfy unique professional, site and field objectives. Trihydro is dedicated to merging high-quality, high-value engineering and environmental services with a keen view of business perspectives.

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